



Simply better, because it's yours.



SUSTAINABLE KNITTING & CROCHET

Useful make-it-yourself tips and
instructions for a sustainable lifestyle



PROJECTS FOR A SUSTAINABLE LIFESTYLE

Show a sense of responsibility and have fun while making your own long-lasting favourite garments: it's easy to be creative when using sustainable handcraft products from Pym.



Nowadays we can live a sustainable lifestyle, which protects human beings, nature and the animal world, by being aware and careful in many areas of our day-to-day life, starting from reducing our purchase of plastic in products through buying eco-certified cosmetics and cleaning materials to purchasing organic and Fair Trade clothing. It is frequently the little things that make a big difference.

Our beloved hobby, handcrafts, offers every DIY fan lots of potential for treating resources carefully. If, when buying tools and materials, you pay attention to durability and quality and choose products, which are manufactured from sustainable materials without plastic packaging, this will make a valuable contribution.

In addition, things you make yourself are precious, because they are individual and personal – and for this reason alone environment-friendly. This is because favourite self-made items are cared for over a long time and not thoughtlessly thrown away.

As well as introducing our new Pym 1530 sustainable range of products, this brochure brings you a collection of special DIY projects for you to knit or crochet and which contribute to a sustainable lifestyle.



OUR TEAM OF EXPERTS

Our Pym product expert Raphaella introduces you to our new Pym 1530 sustainable range of products. As well as a wide range of sustainable knitting needles, Pym also offers a few practical aids. In the future there will be many more Pym 1530 products that we will be presenting to you in time.



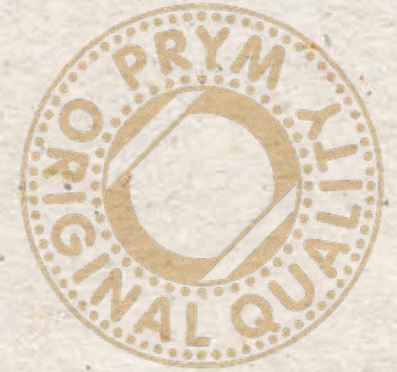
Blogger Evi presents creative craft projects, up-cycling tips and deco ideas on her DIY blog.

Together with Pym, Evi has developed great sets of instructions on the theme of sustainable knitting and crochet. In this booklet she gives you lots of inspiration and shows you how to undertake environmentally-friendly DIY projects using fantastic products and simple tips from the expert.





THE NEW MEMBER OF THE PRYM FAMILY



Progress is traditional with Prym

Prym is the oldest industrial family-owned company in Germany with roots going back to 1530. For more than 500 years we have been experts in metal processing and in 1903 we also patented the press fastener in its familiar form. For 150 years now we have been developing handicraft and sewing accessories, always with the purpose of making the art of handicrafts easier for each generation.

For Prym functionality and quality have always been a decisive yardstick, together with the special requirements of our users.

Our products stand out because of the high quality of their materials, their long life, ergonomic qualities and user-friendliness. Thus, over the course of time our many innovations have changed and simplified the art of handicrafts.



Innovation with its finger on the pulse

In respect of durability and use, our products have always been sustainable. With our new Prym 1530 product range we want to integrate this sustainability into our new range and thus make a contribution to an environmentally-friendly future, because handicrafts in themselves contribute to a great extent to a sustainable lifestyle.

Self-made is not only environmentally-friendly; it also has a certain emotional value, which ensures a long life.

The Prym 1530 brand name calls to mind the year our company was founded and contains a promise: to respect the past and to take this appreciation into the future by shaping the present responsibly and sustainably.



Responsibility in Premium Quality

With our Prym 1530 product line we offer you a steadily growing range of sustainable handicraft products, which satisfy our yardstick for design, functionality and quality. "Prym sustainable quality" therefore does not stand solely for the accustomed high Prym quality, but in particular for environmentally-friendly materials and sustainable, totally plastic-free packaging.

You are looking for a healthy, useful way of passing your time? Creativity and passion are your strengths? Then craft work is just the thing for you! It is a wonderful feeling to create something with your own hands and to recognise and value its worth. This also applies to activities, which used to be everyday activities and which today have come back into fashion: knitting and crochet. The special charm of handicrafts is creating something personal.

To avoid unnecessarily damaging the environment, we have designed environmentally-friendly bamboo knitting needles, which come in sustainable packaging.



BAMBOO: ATTRACTIVE & SUSTAINABLE

Our needles are manufactured in the finest bamboo and combine all the advantages of this beautiful, high-quality material. By deciding to knit with bamboo knitting needles you are choosing a resilient grass, which grows back quickly and which is acclaimed as a sustainable, environmentally-friendly natural raw material.

If you like natural simplicity, you will love our bamboo knitting needles.

The bamboo knitting needles feel pleasant and warm to work with, they are highly flexible, despite the hardness of the material and have a smooth, non-slip surface. The points are precision-shaped, are not fibrous and allow the needle to be inserted with ease into each stitch without splitting the yarn.

The needle size is clearly marked centrally on each needle.



The point

Perfectly structured – glides effortlessly into the stitches.



The surface

Smooth surface – for easy gliding of the stitches without snagging.



Seamless transition

Flexible cords – hardly noticeable sliding of the stitches onto the shaft.



CIRCULAR KNITTING NEEDLES

The practical bamboo circular knitting needles are ideal for knitting pullovers, jackets and cloths. The 40 cm shorter version makes knitting necklines, armholes and accessories easier. The even surface and the extremely smooth transition from the shaft to the cord guarantees that the stitches slide along effortlessly.

Article No.: See table
Gauge: 2.5 – 10 ø mm
Length: 40 / 60 / 80 cm



Kitchen cloths knitted by you are not only attractive, they are also useful. They are robust and give the kitchen an individual attractive look. Instructions for this sustainable idea are to be found on page 14.

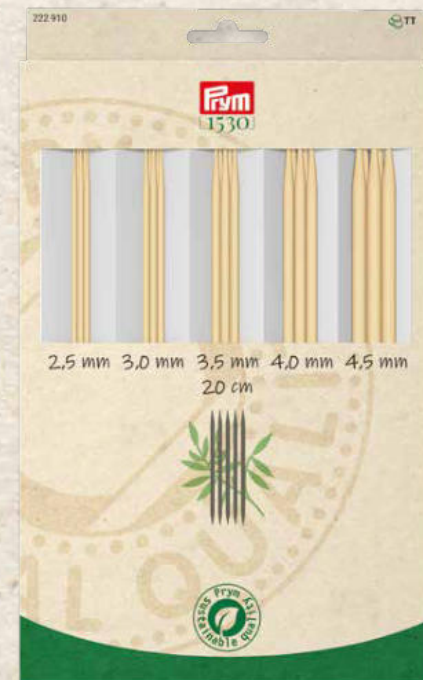
Gauge ø mm	2.50	3.00	3.50	4.00	4.50	5.00
Length 40 cm / Code No.:	222 523	222 524	222 525	222 526	222 527	222 528
Length 60 cm / Code No.:	222 513	222 514	222 515	222 516	222 517	222 518
Length 80 cm / Code No.:	222 503	222 504	222 505	222 506	222 507	222 508
Gauge ø mm	5.50	6.00	7.00	8.00	9.00	10.00
Length 40 cm / Code No.:	222 529	222 530	222 531	222 532	222 533	222 534
Length 60 cm / Code No.:	222 519	222 550	222 551	222 552	222 553	222 554
Length 80 cm / Code No.:	222 509	222 510	222 511	222 512	222 539	222 540



DOUBLE-POINTED KNITTING NEEDLES

Warm and flexible: If you prefer to use natural materials when knitting gloves, caps and socks, you will love these double-pointed knitting needles.

Article No.: See table
Gauge: 2.0 – 10 ø mm
Length: 15 cm or 20 cm



In our sustainability tip on page 18 we show you how to knit a decorative flower pot using double-pointed knitting needles, an old tin and left-over yarn.



Also available as a set.
Article No.: 222 910
Gauge: 2.5 / 3.0 / 3.5 / 4.0 / 4.5 ø mm
Length: 20 cm

Gauge ø mm	2.00	2.50	3.00	3.50	4.00	4.50	5.00
Length 15 cm / Code No.:	222 200	222 201	222 202	222 203	222 204		
Length 20 cm / Code No.:	222 210	222 211	222 212	222 213	222 214	222 215	222 216
Gauge ø mm	5.50	6.00	7.00	8.00	9.00	10.00	
Length 20 cm / Code No.:	222 223	222 217	222 218	222 219	222 220	222 221	



SINGLE-POINTED KNITTED NEEDLES

The length and straight design of the single-pointed knitting needles make them especially suitable for all knitting projects, where you knit rows backwards and forwards, such as pullovers, jackets, scarves and accessories. The bamboo knob prevents the stitches from slipping from the needle.

Article No.: See table
 Gauge: 2.5 – 10 ø mm
 Length: 33 cm



Place mats are useful for more than protecting delicate wood tables from hot cups and plates. A table laid with place mats looks much more welcoming and cosy. Instructions are available on our website.



Gauge ø mm	2.50	2.75	3.00	3.25	3.50	3.75	4.00	4.50
Length 33 cm / Code No.:	222 123	222 124	222 113	222 125	222 114	222 126	222 115	222 116
Gauge ø mm	5.00	5.50	6.00	6.50	7.00	8.00	9.00	10.00
Length 33 cm / Code No.:	222 117	222 118	222 119	222 120	222 121	222 122	222 109	222 110



CROCHET HOOKS FOR WOOL

The extra light and extremely smooth crochet hooks for wool give hours of crocheting pleasure. They feel warm to the touch, do not slip and prevent electrostatic charge. The thread groove is perfectly formed so that the thread is easy to guide resulting in an even stitch structure.

Article No.: See table
 Gauge: 2 – 5 ø mm
 Length: 15 cm



In our sustainability tip on page 19 we show you how to crochet a trendy coaster using a crochet hook and home-made yarn.

Gauge ø mm	2.00	2.50	3.00	3.50	4.00	4.50	5.00
Length 15 cm / Code No.:	197 600	197 601	197 602	197 603	197 604	197 605	197 606

STITCH MARKERS



Article No.: 610 683
 Size of pendant:
 approx. 35 mm x 15 mm
 Length of loop: 30 mm
 Material: wood

The wooden stitch markers are “little alarms”.

When you reach the marked place, you push the marker from the left needle to the right needle and continue knitting. This marks the place in every row or every round.



BUTTONS FOR WOOL

Our buttons for wool brighten up knitting projects and serve as special wool accessories. They comprise the recycled material left over from button manufacture. We give this “waste” a second chance and in this way we save resources. They are collected, shredded and formed into new buttons, comprising 50-95% recycled material.

Colour	Code No.	Size	Material
Curry	318 980	28 mm	Recycled hemp
Dark brown	318 981	25 mm	Recycled cotton
Dark beige	318 982	28 mm	Recycled hemp



Article No.:
 See table

WOOL COMB

A build-up of fluff? No problem. The wool comb of naturally processed wood freshens up closely-knitted woollen garments. Its shaving head made from a vulcanised metal grid combs small knots and fluff from valuable woollen items and leaves them looking like new again.

Article No.: 610 690
 Size: 45 x 76 mm
 Material: wood



DIY INSTRUCTIONS: KNIT YOUR OWN KITCHEN CLOTH

You cannot think of a kitchen without thinking of kitchen cloths. What do you think of our self-knitted version? It is attractive, robust and sustainable. Our expert, Evi from Mrs. Greenhouse has prepared simple instructions for you to make a lovely kitchen cloth.

You need:

Materials: 2 balls of wool (e.g. 100% cotton in ecru and pink), with yardage for each ball 120 m/50 g
Needle: Prym 1530 circular knitting needle, gauge 5 mm/ length 80 cm, crochet hook
Accessories: scissors, wool needle, Prym Love Tassel maker (Art. No. 624 191), where required cotton tape for the loop for hanging up the cloth
Size: approx. 29 x 35 cm



Moss stitch

(odd number of stitches):
1st row: knit 1, purl 1 alternatively.
End with a knit stitch.
Repeat row 1.



Instructions:

Cast on 45 stitches using both yarns (double).

1st row: knit.
2nd row: knit.
3rd row: knit 1, continue knitting in moss stitch, knit last stitch.

Repeat row 3 until work measures 35 cm. Cast off all stitches. Crochet a loop on the corner and sew up the threads.



Tassel:

Make four little tassels from the remaining yarn and sew them on the corners of the cloth. The easiest way to do this is to use the Prym Love Tassel Maker. Follow the instructions in the package.



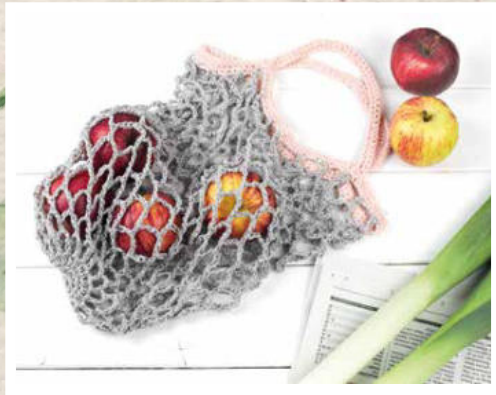
Hanging up the cloth:

Instead of a crochet loop, you can sew on a loop made from cotton tape.

Care:

Machine-wash your kitchen cloth at a maximum of 40° C, pull it gently into shape and dry flat. In this way it will last for a long time.

DIY INSTRUCTIONS: A SHOPPING BAG TO CROCHET



Who needs to buy bags when you can crochet yourself a fantastic net shopping bag?

Do you have pretty left-over bits of wool or incomplete knitting projects, which you don't want to finish? Then undo them and give them a new life! Our expert Evi has written some fantastic crochet instructions for you.

Size: approx. 30 x 40 cm

Instructions:

1st row 8 chain stitch. Close into a circle with a slip stitch into the first slip stitch.

2nd row Crochet 11 double crochet into the ring. End the round with a slip stitch into the first stitch.

3rd row Crochet 2 double crochet into each double crochet. Close the round with a slip stitch.

4th row Crochet one treble crochet into each double crochet. Close the round with a slip stitch. Mark the start of the round with a stitch marker. You should now have 22 stitches in this round. All the following chain spaces also have 22 spaces per round.



You need:

Materials: Left-over cotton yarn

Yardage: approx. 120 m/50 g

Needles: Pym 1530 crochet hook, gauge 3.5 mm

Accessories: wool needle, scissors, stitch markers

5th row 5 chain stitch. Crochet 1 treble crochet into the space between the first row of treble crochet. Repeat (3 chain stitch 1 treble crochet) to the end of the row. End with a slip stitch into the second chain stitch.

6th row 5 chain stitch. Work 1 treble crochet into the chain space of the previous row. Repeat (5 chain stitch, 1 treble crochet into the next space) to the end of the row. End with a slip stitch into the second chain stitch.



7th row 6 chain stitch. Crochet the 1st treble crochet into the chain space of the previous row. Repeat (6 chain stitch, 1 treble crochet into the next chain space) to the end of the row. End with a slip stitch into the second chain stitch. Crochet a further slip stitch into the next chain stitch. 8th row 7 chain stitch. Work 1 treble crochet into the chain space of the previous row. Repeat (7 chain stitch, 1 treble crochet into the next chain space) to the end of the row. End with a slip stitch into the second chain stitch. Crochet a further slip stitch into the next chain stitch.

8th row Repeat 11 times until work measures approx. 30 cm.

Next row: Work 5 double crochet into each chain space.

Next row: Work one double crochet into each stitch.

Next row: Handle: 25 double crochet, 40 chain stitch, leave 30 stitches, 1 slip stitch into the 31st stitch. A further 25 double crochet, 40 chain stitch, leave 30 stitches, 1 slip stitch into the 31st stitch, 25 double crochet. Close the round with a slip stitch. Work 2 rows of double crochet to all stitches. Sew up all the threads.



TIPS FOR MAKING SUSTAINABLE ITEMS

DECORATED CAN

With our Prym 1530 double-pointed knitting needles you can breathe new life into old cans. In a mesh they not only look attractive, they also protect the environment.

The step-by-step instructions are available on our website.



You need:

Materials: can, glass or plastic mug, left-over yarn
Needles: Prym 1530 double-pointed knitting needles
Accessories: Scissors

Evi's tip: The decorated can has more uses than simply as a flowerpot. It can hold all your pens in the office or keep your wooden cooking spoons together.



COASTER MADE FROM SELF-MADE YARN

Old textiles are too good to be thoughtlessly discarded. It is quite simple to make your own yarns from old textile remnants.

To do this, cut the fabric into thin strips, 0.5 cm wide and roll them up into a ball. You can then use the Prym 1530 crochet hook to crochet a pretty coaster, for example.

The step-by-step instructions are available on our website.

You need:

Materials: old cotton T-shirt, table cloth or sheet
Needles: Prym 1530 crochet hook
Size: 5 mm
Accessories: Textile scissors



Evi's tip: Stretch the old T-shirt over an ironing board. In this way you can keep on turning it and cut long strips in spiral fashion.





QUALITY AND SUSTAINABILITY



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